

Card 9: Following up the meeting with the professional

Introduction

After the meeting with the professional it can be good to have a checkup 3-6 months later. The aim of the meetup is then to see how the tasks agreed upon have advanced since last time.

Aim with meetup

A follow up together with the professional to see what has changed.

Warmup — End the sentence with the first things that springs to mind

- The most important thing that came up was...
- The best part of the meeting was...
- To me, being a professional means...

Discussion after the meeting with the professional

Discussion 1:

Have the goals been achieved?

Possible follow-up

- *Has any change been noticed?*
 - *Is more support or feedback needed to achieve the goals?*
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Discussion 2:

How do you feel about the cooperation related to achieving the goals?

Possible follow-up

- *Did you learn something new?*
- *Did it give you something positive?*

Thank you

For your excellent cooperation.
Together we are strong!

To sum up

Is there anything you would like to discuss further?