

Card 8: Reconnect to the meeting with the professional

Introduction:

The dialogue between the professional and the dads are important to all. In that sense society and the fathers work together to create the possibilities for change.

A common goal can in the long run lead to positive change.

Aim with meetup:

Go through the meeting you had with the professional and reflect on it together

Warmup — end the sentence with the first thing that springs to mind

- I felt heard during the meeting when...
- The most important insight was...
- The best thing about the meetup was...
- To me a meeting with a professional means...
- A good way to meet is...
- Right now my child is...
- I look forward to...

Points of discussion after meeting the professional

Discussion 1:

How did you experience the meeting with the professional?

- *The atmosphere after the meeting*
- *The dialogue*
- *The end*

Possible follow up

- *How did you think the guest felt?*
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Discussion 2:

What do you think should have been made clearer or what topic should have been more focused on?

Possible follow up

- *What should a good professional do to contribute to equality in parenting?*
- *What do you think society gains by listening to your experiences of parenting?*

Discussion 3:

Why were the questions last time important for you? Your family? Your children?

Possible follow up

- *Is there something you suspect won't be possible that was agreed on last meetup?*
 - *What do you think the greatest challenge will be?*
 - *Did the meetup with the professional feel necessary?*
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To sum up:

Is there anything you would like to discuss further?