

## Card 7: Inviting a professional

### Introduction

Sometimes there are things you want to change in society, things that do not become visible unless they are brought up.

That's why you can invite a professional working with families so they can listen to your experiences and needs. It could be early childhood education professionals, family counselling, social services, schools or others that you feel need to listen to the fathers more.

### Dialogue

Dialogue is important in the dad group. To create the best possible conditions for a good dialogue we have been using a way of doing dialogue that gives opportunities to strengthen trust between fathers and professionals. We can invite a professional to visit the group. The professional then represents society (an organization) in their profession.

The dialogue is not a lecture. The professional has a listening role instead of a speaking role. The purpose of the dialogue meeting is that the experiences and opinions of the fathers should be heard. The fathers ask the questions that you have picked out in the group beforehand. That means that fathers can reflect out loud during the meeting while the professional is listening.

The method can become an important experience for everyone involved. Together we hear, see and change society for the better.

### Aim of the meetup

Reflect on how you can better cooperate with fathers and society (through professionals)

Find solutions where it is needed.

### Re-connect to last meetup

What did you bring with you from last meetup?

Is there something you would like to discuss further?

### Warm up — End the sentence with the first things that come to mind

- I feel involved during the family counselling meeting when...
- The most important thing when I am picking up my child from daycare is...
- I would want the professionals at x \_\_\_\_ to do/talk/see...
- The best thing about family center/day care is...
- A good professional is...
- I can talk about my child with daycare/family counselling...
- To me equal treatment from professionals means...

## Questions to ask the professional

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### Discussion 1:

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### Possible follow-up

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### Discussion 2:

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### Possible follow-up

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### Discussion 3:

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### Possible follow-up

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### Peer-to-Peer - To reflect together

**Courage** - dare to ask and comment together

**Vision** - to bring up the vision of the good father.

**Open up** - to be curious about the other (guest)

**Realism** - the suggestions should be realistically formulated.

**Act-oriented** - When we finish we see to it that the guest has a concrete action plan

Here you can write down what you all have agreed upon and what can be improved on based on the questions above.

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### Following up today's meeting

In what way? \_\_\_\_\_

When? \_\_\_\_\_

Where? \_\_\_\_\_